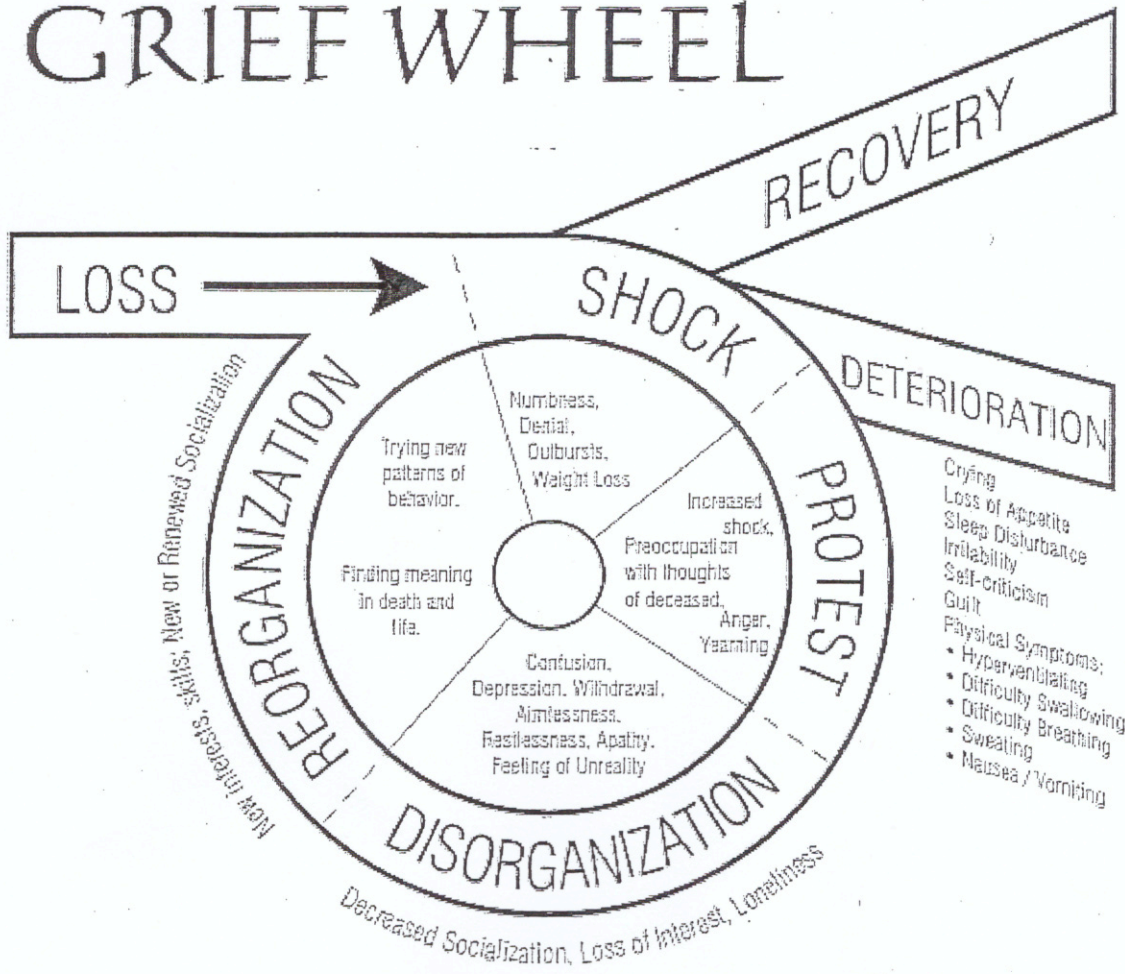


# GRIEF WHEEL



- Crying  
 Loss of Appetite  
 Sleep Disturbance  
 Irritability  
 Self-criticism  
 Guilt
- Physical Symptoms:
- Hyperventilating
  - Difficulty Swallowing
  - Difficulty Breathing
  - Sweating
  - Nausea / Vomiting